

# **Instructions for Buccal Swab Sample Collection**

#### **WARNING**

- DO NOT touch the tips of the swabs.
- DO NOT remove the plastic straw from the plastic shaft of the swabs.
- DO NOT use other specimen collection swabs or devices the test only works with the validated swabs included in this collection kit.

#### **INSTRUCTIONS**

## Please Follow These Steps To Administer The Test And Get Accurate Results:

- STEP 1: Provide Name of Patient and Date of Collection on the tube. Either write this information on the tube or place a label on the tube with this information.
- **STEP 2:** Rinse the patient's mouth with water.
- STEP 3: Remove the swabs from its package. Open the tube and take out the swabs. Hold it by its plastic shaft—

  Please Do NOT touch the tip of the cotton swab.
- **STEP 4:** Ask the patient to open their mouth and vigorously rub the inside of each cheek and over the gums of the test subject for 30 seconds (1 minute total per swab). Hold the swab as close to its head as is comfortable for the test subject. While you rub the cotton swab, turn the plastic shaft. This will ensure the entire tip is covered with cells from the cheek.
- STEP 5: Air dry the swab for 3 minutes, then carefully place it back into its original tube.
- **STEP 6:** Press down slightly on lid to close. Do NOT screw to close the lid.
- STEP 7: Remove the second swab from another tube. Repeat steps 4 -6. Remember; Do NOT touch the tip of the swab with your fingers.
- STEP 8: Place the second swab into the tube and do NOT screw to close the lid.
- **STEP 9:** Place the two tubes from the same patient, completed test requisition form with insurance information into the specimen bag that has the desiccant package. **Seal the specimen bag** and follow instructions for sending the sample back to the testing laboratory.

### STORAGE AND SHIPPING

- For best results, ship buccal swab samples at 25°C or below.
- Swab samples can be safely stored for up to 1-2 weeks at -20°C to room temperature before extraction.